

BEFORE YOUR SURGERY

Cataract surgery is an outpatient procedure. The total duration of stay at the surgery centre is about 2-3 hours. Since IV sedation may be used, you may feel out of balance for several hours after surgery. Therefore for your safety, you **MUST** arrange for someone to accompany or drive you home.

Operated Eye: **RIGHT EYE** **LEFT EYE**

Surgery Date: _____

Arrival Time: Our office will contact you 2 days prior with arrival time

Etobicoke General Hospital 101 Humber College Blvd. Tel: 905-494-2120	Kensington Eye Institute 340 College St., Suite 600 Tel: 416-928-2132	U Surgical Centre 2180 Steeles Ave. West, Unit 219 Tel: 416-292-0330	Branson Hospital 555 Finch Ave. West Tel: 416-633-9420
Check in at information desk. You will then be directed to the Registration Desk	Underground parking behind 340 College St. on Brunswick Ave	Register at Registration Desk	Register at Patient Registration Desk
If you are having an Advanced Technology IOL:			
Call hospital or send a certified cheque/money order 2 weeks prior to surgery date to make payment. On the day of surgery, present both RECEIPT and LENS REQUEST FORM when you register. **Payment is NOT accepted on the day of surgery!	On the day of surgery, pay at the registration desk upon arrival.	On the day of surgery, pay at the registration desk upon arrival.	On the day of surgery, pay at the registration desk upon arrival.

Starting 2 days before surgery:

 <p>1. BESIVANCE</p>	 <p>2. LOTEMAX GEL</p>	 <p>3. PROLENSA</p>	<p>BESIVANCE & LOTEMAX GEL: Instill 1 drop of each medication 3 times a day to the operated eye <u>starting 2 days before</u> AND <u>on the morning of the surgery</u>.</p> <p>PROLENSA: Instill 1 drop ONCE DAILY to operated eye <u>starting 2 days before</u> AND <u>on the morning of the surgery</u>.</p> <p>Wait at least 2 minutes between two different eye drops.</p> <p>If you use eye drops for glaucoma, continue as usual.</p>
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On the Morning of Surgery:

- If your surgery is in the morning, do not eat or drink after midnight, the night before surgery.
- If your surgery is in the afternoon, do not eat after midnight, but you may drink small amounts of clear fluids (water, apple juice, or tea, but **NO milk**) up to 6 hours before surgery.
- Take all your usual medications on the morning of surgery with small sips of water.
- If you take blood pressure pills, or blood thinners (aspirin or coumadin), continue as usual.
- If you have diabetes, DO NOT take your diabetes pills or insulin on the morning of surgery.
- Do not use make-up, perfume, or wear any jewelry. Wear a **SHORT SLEEVE BUTTONED SHIRT** to the hospital.
- Bring **ALL your eye drops**, medications, **AND THIS SHEET** with you to the hospital.
- You may not drive on the day of surgery, and for a week thereafter. You **MUST** be accompanied by an adult, who is available during your entire stay at the surgery facility (which may take up to 2-3 hours) and will accompany you home.

AFTER YOUR SURGERY

Post-Operative Visit #1: Date: _____ Time: _____ [] Same Day

Post-Operative Visit #2: Date: _____ Time: _____ [] Brampton Office
[] Vaughan Office
[] Scarborough Office

Post-Operative Visit #3: Please schedule an appointment with your optometrist approximately one month after your second eye surgery.

Resume using your eye drops on the same day of surgery after returning home and at bed time. Starting the next day after surgery, continue the eye drops as follows:

1. **BESIVANCE** 1 drop 3 times a day for **1 week**.
2. **LOTEMAX GEL** 1 drop 3 times a day for up to **4 weeks**.
3. **PROLENSA** 1 drop ONCE DAILY for up to **4 weeks**.
4. If you usually take glaucoma drops, continue with them as usual.
5. Anytime after surgery, you may experience dry eye symptoms for several weeks to months. If you experience these symptoms, use artificial tears 3-4 times daily (or as needed) and warm compress to both eyes morning and evening for your comfort.

Caring for your eye after surgery:

Wear a **PLASTIC SHIELD** over your operated eye for the first 24 hours after surgery. After that, wear the shield while sleeping for at least 1 week. Wear **SUNGLASSES** (any pair with UV protection) whenever you are outdoors for at least the first week after surgery.

DO NOT squeeze, rub, wipe, or apply any pressure over your operated eye. You may touch the corners of your eye gently with a clean tissue or face cloth. Avoid wearing eye makeup for a week after surgery.

Activities: You may resume light activities, but avoid straining and heavy lifting for the first week after surgery. Reading, watching TV, and walking in moderation are allowed. No swimming under water or diving for 1 month. Golf or tennis is permissible after 1 week with protective eye wear.

Showering/Bathing: You may shower or take a bath at anytime, but you must avoid getting soap or water in the operated eye in the first week after surgery.

Driving: You should avoid driving for the first week after surgery. Question about resuming driving should be discussed with your surgeon at your 1-week follow-up visit.

Glasses: It is normal for the operated eye to feel out of focus initially and may take days to weeks for the vision to stabilize. Depth perception and judging distances may not be normal at first. Your old glasses may no longer be suitable for your eye after surgery. A new prescription for glasses is usually given approximately 1 month after surgery by your OPTOMETRIST. In the meantime, you may remove the lens on the side of the operated eye from your current glasses. If you have a cataract in the other eye, you may want to wait until surgery for both eyes are complete before obtaining your new glasses.

IMPORTANT:

If you develop severe pain, redness, or decreased vision **any time after surgery**, notify your surgeon's office **immediately**. On a weekend or after-hours, go to

Your nearest Hospital Emergency Department.